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General Post-Operative Instructions for Tooth Extraction and Biopsy:

Anesthesia Recovery:

- Be aware of potential numbness, swelling, or bruising.
- Avoid driving or operating machinery if sedated.
- Ensure supervision after sedation.

Dietary Guidelines:

- Start with clear liquids, progressing to soft foods.
- Gradually return to a normal diet, avoiding hard, crunchy, spicy, or acidic foods.
- Follow specific dietary instructions if you have diabetes.

Managing Discomfort:

- Address nausea with clear liquids and avoid dairy.
- Monitor for fever and maintain hydration.
- Apply ice for swelling and bruising.
- Take prescribed pain medication as directed.

Wound Care:

- Protect the surgical site and avoid disturbing blood clots.
- Refrain from vigorous rinsing, spitting, or using straws.
- Avoid alcohol and smoking.
- Use gentle pressure with gauze to control bleeding.
- Begin gentle oral hygiene after the first day.
- Use irrigating syringe, if provided, after several days.

Potential Complications:

- Be aware of potential symptoms like difficulty opening your mouth, pain while swallowing, or earache.
- Monitor for persistent pain, excessive bleeding, or continued swelling and contact the office.
- Be aware of Dry Sockets and contact the office if you suspect you have one.
- Contact the office with concerns about sharp edges, or loose sutures.

Denture/Prosthetic Care:

- Consult with the doctor before wearing dentures or other dental devices.
- Ensure proper fit and avoid pressure on the surgical site.

Contact Information:

- Contact the office with any questions or concerns.
- Seek immediate medical attention if necessary.

NOTE: The patients will be given detailed discharge instructions according to the procedure undergone on the day of the surgery.